

EATING L.A.

It's your city, you might as well taste it.

SUNDAY, MAY 21, 2006

Erotic writing, sensual snacks



Eating L.A. departed from the usual menu of restaurants and restaurant news to try something a little different this weekend: An erotic writing class complete with delicious snacks to help the creativity flow. I took a Saturday afternoon workshop in Erotic Freewriting with Marilyn Friedman, who runs the **Writing Pad** in her pristine, modern Silver Lake duplex. Not only is Marilyn really skilled at facilitating freewriting, but her friend **Susan Yoon** makes a mean cupcake. The assembled writers -- two guys and about six women -- got to know each other over **grilled zucchini crostini with ricotta, mint and manchego cheese**. On the side was a shooter of **watermelon gazpacho with a prosciutto chip** -- yum! We then read some erotic poems out loud, worked on autobiographies and other exercises which gradually and effectively took the writers deeper into a frame of mind where we could write longer pieces and then read them aloud with positive feedback. Well, except for my last piece, which I was too embarrassed to read as I was already blushing while I was writing it. During a break, we had Susan's wonderful **deep chocolate cupcakes with mascarpone frosting and raspberries** -- dubbed "Aphrodite's Nipples" to match the

ABOUT ME



PAT SAPERSTEIN
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Pat Saperstein is a senior editor at Variety in Los

Angeles. When she's not editing film stories from around the world, she likes to explore the ethnic neighborhoods of Los Angeles. Things she will not eat: raw tomatoes. Things she will eat: pretty much anything else, although tripe isn't at the top of the list. She does enjoy little tiny crunchy fish with sparkly eyes, mango drinks with frog ovary sacs, chili-flavored popsicles and worcestershire sauce on popcorn.

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A NOTE ON ETHICS


I try to pay for as many of my own meals as possible. If I write a review titled "Taste Test," then I've paid for my own meal. If I write an informational article about a restaurant and I say I was INVITED, then the restaurant paid for me so that I could get a general impression of the spot. Got that?

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theme of the class.



Marilyn offers several other freewriting workshops, including one for screenwriters, so if erotic writing doesn't turn you on, there's other ways to get a really satisfying mental workout with creative snacks that get the juices flowing. If you feel like you'd like to write but just aren't sure how to begin, freewriting is a great way to start putting something down on paper. And no, I won't show you my stories. 

POSTED BY PAT SAPERSTEIN AT 8:39 PM

4 COMMENTS:

yoony said...

hi pat,

it was nice to meet you on saturday. i'm glad you enjoyed the food!

susan

8:11 AM

Ollylain said...

Those cupcakes look delicious although one cupcake looks like it has multiple nipples. Glad I discovered your blog. You've kept me entertained during the dead times at work!

-D

8:21 AM

tops pet products company said...

Hi Fellow! I was just searching blogs, and I found yours! I like it! If you have a moment, please visit my tops pet products company



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